

Caffeine in tea *Camellia sinensis* — Content, absorption, benefits and risks of consumption

Source: [Gramza-Michałowska - 2014 - Caffeine in tea *Camellia sinensis* — Content, absor.pdf](#)

Revision #1

Created 2025-07-23 03:37:25 UTC by jesse.bozo

Updated 2025-07-23 03:41:31 UTC by jesse.bozo