

# Black/Red

Red Tea (红茶, Hóng Chá, "Red Tea") is fully oxidized tea. In the West, this type of tea is typically known as "Black Tea," including popular blends like Earl Grey or English Breakfast. Red Tea is arguably a more accurate nomenclature, since the liquor produced by this tea is a beautiful, auburn red. Furthermore, in China, the name Red Tea helps to distinguish this type of tea from another very different type of tea, which the Chinese call [Heicha](#) (黑茶), literally "Black Tea."

## Sources:

- <https://westchinatea.com/tea/red/>

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