

Sheng Pu-erh

[Sheng Pu'er](#) (生普 , Shēng Pǔ'ěr, "Sheng Pu'er"), briefly, is a minimally-processed tea made from a lineage of closely-related ancient tea trees in Yunnan, collectively known as dà yè zhòng (大叶种) ("Big Leaf Type"). Sheng Pu'er is processed very much like Green Tea. It is notable for being traditionally aged and pressed into cakes.

Sources:

- <https://westchinatea.com/tea/puer/sheng/>

Revision #5

Created 2024-11-28 20:47:27 UTC by Farrah

Updated 2025-02-16 19:39:45 UTC by Farrah